

LACE UP. WALK.



CYSTIC FIBROSIS.



Jasmine, 18, who has CF

Jasmine is a vivacious cosmetologist in Maryland. She is outgoing, she loves to shop and spend time with her friends and she has a great sense of humor.

### And, Jasmine has cystic fibrosis.

Jasmine, 19, was diagnosed with CF at 5 months old. Jasmine's mom, Beth, a neonatal intensive care unit (ICU) nurse, cared for many children with CF long before Jasmine was born.

"I've been a pediatric nurse for many years and I've seen the course that CF can take for children. It was a difficult time when Jasmine was diagnosed because I knew so much already," said Beth.

But after Jasmine's diagnosis, her mom and grandmother, Etta, knew they had to get involved in the Cystic Fibrosis Foundation and do anything they could to support finding a cure – something they call one of their major commitments in life.

Over the last 19 years, Jasmine's family has participated in almost every one of their local Great Strides walks, fundraising largely through letters written by Etta for team "Grandmothers for Jazz."

Etta writes an annual letter about Jasmine highlighting what has occurred that year in her life, whether it involved joining the cheerleading team, participating in gymnastics competitions or beginning a new job. Etta asks her friends to help Jasmine and others with CF by making a contribution to the Foundation.

"Our family has all the confidence in the world in Jasmine's doctors and we want to support them and the CF community by raising money to find a cure for CF so that kids born today don't have to go through the things Jasmine has," said Etta. "Jasmine is doing as well as she is today because of the care, the research and the medications available to her and her care team."

Jasmine, and her family, are committed to raising awareness about cystic fibrosis so that more people understand what CF is and the fact that although progress has been made and people like Jasmine are living longer, there is still no cure for CF.

"I've been amazed by the advancements in care and treatments of CF over the last 19 years. It's been miraculous, and our family has been so fortunate that Jasmine has remained relatively healthy in the face of this disease," said Beth. "But, there is still so much to be done. We are committed to helping fund research so that researchers can continue on this path and hopefully find a cure."

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To learn more about CF Fighters like Jasmine, join Great Strides or learn more about the Cystic Fibrosis Foundation, visit [www.cff.org/greatstrides](http://www.cff.org/greatstrides).